

IS SHE INTERESTED IN ME?

Dr. Love's Guide To
Determining If The Woman
You're Interested In Is
Really Into You

Jamie Turndorf, Ph.D.

Author of The Critically Acclaimed
TILL DEATH DO US PART
(UNLESS I KILL YOU FIRST)

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IS SHE INTERESTED IN ME?

Dr. Love's Guide To
Determining If The Woman
You're Interested In Is
Into You Or Not

By Jamie Turndorf, Ph.D.

IS SHE INTERESTED IN ME?

No matter whether you're young or old, and no matter how much life experience you have, you may still be unclear as to whether the gal you have your eye on is truly interested in you.

I mean, women can be so hard to read.

Sometimes, they send out mixed signals that make your head spin like a top!

So how can you tell if she is interested in you...and whether she would be receptive to your advances?

Above all, is there a way to know before you leap off the ledge and risk falling flat on your face and puncturing your ego?

Yes, there is!

This test will give you a good "read" on whether the woman you have your eye on will be receptive to your overtures. The test will also give you clear suggestions on what you can do to make her more receptive to you!

But before you take the test, I want to give you a few general pointers regarding women and mate selection.

As you probably know, men are hunters by nature. This means that they are instinctively wired to hunt prey and pursue the partners they want.

This means that when a man is interested he will want to move heaven and earth to get to the object of his desire.

Yet, paradoxically, research shows that men are afraid of being rejected. This means that even the most confident men will wait for signals from a woman--what I call Green Lights--to let them know that she is interested in them before they stick their necks out.

In fact, research shows that women are actually the ones to make the first move by sending Green Lights to let a man know that he's welcome to approach.

And, according to observational research, men only approach a woman after they have received very clear Green Lights!

The problem, for most men, lies in the fact that they often miss the Green Lights that women send.

The reason men miss these signals is because women are often far too subtle in the signals they give.

The result: a man often misses a woman's Green Lights altogether!

Could you have missed out on a lot of opportunities?

And even missed out on chances to be with women that you were interested in because you thought they weren't interested in you!

Or could you be missing out right now?

Is there a woman you have your eye on who truly likes you, and you're missing her cues?

The answer is likely yes!

Rest assured. The test will help you recognize the Green Lights that women send. These include: open, approachable body language, such as facing you, making eye contact, smiling, as well as praising, admiring and appreciating you, and even lightly brushing against you or touching your arm.

Recognizing these signals will help you not miss them in the future, which will give you greater confidence to approach the woman you are interested in.

But there's more. As I said previously, as a man you are wired to pursue a woman, and it's the woman's job to give you clear signals--Green Lights indicating her interest.

But to complicate matters, women are also wired to resist your advances! This means that even when she sends Green Lights, she is wired to be naturally cautious and resistant, especially in the beginning. Not knowing this truth, many men become discouraged and give up, often losing the chance to form a happy relationship with the woman of their dreams.

Why do women resist?

Since the beginning of time, women have been wired with a survival of the species imperative. This imperative requires the woman to insure that a man is not a fly by night, and that he is devoted to her and won't abandon her and her offspring. Even though women can now take care of themselves and survive without a man, a woman is still programmed to be cautious and make sure that a man is truly devoted to her before she gives herself to him.

This explains why women are so anxious to know how you feel about them, why they push for commitment and why they repeatedly ask for assurances that you won't leave them.

My point is if you are interested in a woman and want to win her heart, you need to consistently show her that you are devoted to her.

This means that you can't give up.

The guy who is patient and true, ultimately wins his prize. Remember slow and steady wins the race.

To learn more about how to win a woman's trust and her heart, read my book ***Make Up Don't Break Up***.

Now on to the test! The test is going to serve two purposes for you: 1) It's going to help you become more aware of a woman's Green Lights; 2) With this awareness, you will now recognize when a woman is interested in you, which will give you greater confidence to pursue her with patience and diligence, reminding her over time that she is first in your mind and heart. If you do this over time, and prove yourself to be a solid and worthy candidate, you will greatly increase the chances that she chooses you!

After you answer the test, you will be instructed on how to score the test. You will also receive a result text along with recommendations on what you can do to fan the flames of her heart!

INSTRUCTIONS

I suggest printing out this booklet and then answering each question by circling the T or F, then comparing your answer to the correct answer in the answer given in parentheses. You must be honest with yourself to get the best results. This test is not about being right or wrong, but about learning and gaining insight.

1. She often looks in my direction. T or F (T)
2. She seems to intentionally flirt with others when I'm around. T or F (T)
3. I often catch her looking at me. T or F (T)
4. She often looks in my direction and then glances away when I look back. T or F (T)
5. She seems to turn up at places where I am known to hang out. T or F (T)
6. She acts nervous around me. T or F (T)
7. She tries to start conversations with me. T or F (T)
8. Sometimes I get the feeling that she wants to make me jealous. T or F (T)
9. She smiles at me. T or F (T)
10. She flirts with me. T or F (T)
11. She tries to get physically close to me or touches me gently. T or F (T)
12. I have noticed her trying to catch my eye. T or F (T)
13. She behaves in ways that are intended to get my attention. T or F (T)
14. She faces me, bats her lashes or holds her body in a sensual way when near me. T or F (T)
15. I have noticed that she has checked out my body on more than one occasion. T or F (T)
16. I have the feeling that she's turned on by me. T or F (T)
17. She laughs at my jokes. T or F (T)
18. She asks me questions about myself. T or F (T)
19. When we are talking, she looks for excuses to prolong the conversation. T or F (T)
20. She tries to impress me with her smarts, education, job, cooking, etc. T or F (T)

INTERPRETING YOUR RESULTS

80 or Higher

Your gal is certainly sending you Green Lights that say that she wants you to make your move. There is little chance that you will be rejected if you ask her out. Talk to her, find out what interests her and plan a date that speaks to her heart. Make an effort, put her first, be a good listener and you will be well on your way to winning her. Next, use my **Create-a-Mate** guide to clearly define what you are looking for in a partner and then follow-up with my **Critical Questions to Ask Before You Get Too Close** guide to determine who she truly is (beneath the face she shows to the world.) This guide will also give you the right questions to ask so you can find out how closely she matches your ideal partner. If she seems to be a close fit, then, after you've gotten to know her a bit more, use my **Are We Compatible?** test to verify that you are, indeed, made for each other.

79 to 60

There is a pretty good chance that she likes you. But the signals that she is sending aren't completely clear. To find out for sure, send her the male version of Green Lights in order to win her interest. Strike up a conversation with her, ask her interested questions, listen and tell her positive things about herself. Research shows that we are drawn to people who like us. If she feels that you like her, you will encourage her to like you back. When you sense that she is warming up, take this test again and I bet that your score will be higher, which means you can be fairly sure that she will welcome your putting the moves on her. Next, use my **Create-a-Mate** guide to clearly define what you are looking for in a partner and then follow-up with my **Critical Questions to Ask Before You Get Too Close** guide to determine who she truly is (beneath the face she shows to the world). This guide will also give you the right questions to ask so you can find out how closely she matches your ideal partner. If she seems to be a close fit, then, after you've gotten to know her a bit more, use my **Are We Compatible?** test to verify that you are, indeed, made for each other.

59 and Below

The results indicate that she may not be interested. But before you give up on her completely, try the following tips to thaw her heart. These include smiling at her, complimenting her, telling her what you like about her, laughing at her jokes, asking interested questions and listening to her. Since we are naturally drawn to people who have positive feelings toward us, if there is any chance that she could develop an interest in you, my tips will tip the scale in your favor. If your efforts still don't produce any Green Lights from her side of the fence, then move on to greener

pastures! If, on the contrary, your efforts seem to be working, then take this test again. If your score is higher, then there's a good chance that she will welcome an advance from you.

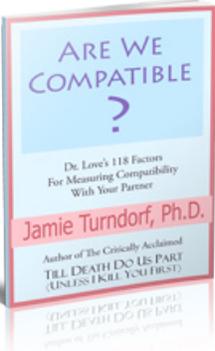
If she accepts your offer to go out, and you begin seeing each other, make sure that you use my **Create-a-Mate** guide to clearly define what you are looking for in a partner. Then follow-up with my **Critical Questions to Ask Before You Get Too Close** guide to determine who she truly is (beneath the face she shows to the world). This guide will also give you the right questions to ask so you can find out how closely she matches your ideal partner. If she seems to be a close fit, then, after you've gotten to know her a bit more, use my **Are We Compatible?** test to verify that you are, indeed, made for each other.

All of the FREE relationship guides and tests mentioned above are included in Dr. Love's Relationship Toolkit and described further in the pages that follow. The entire kit is available as a free download at <http://askdrlove.com>.

Dr. Love's Relationship Toolkit

FREE relationship tests and workbooks for you to measure your compatibility, find out who is right for you, test your own level of relationship knowledge, figure out where things went wrong, and much more!

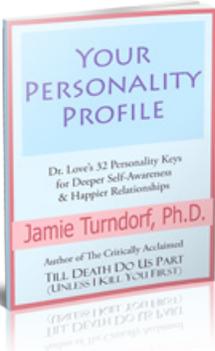
Visit <http://askdrlove.com> and get any of these workbooks and tests for FREE with your site membership and newsletter subscription. Or sign up at <http://facebook.com/askdrlove>.



Are We Compatible? Dr. Love's 118 Factors for Measuring Compatibility With Your Partner.

Research proves that Homogamy, or similarity, is the key to compatibility. This is because couples that are too dissimilar find themselves fighting over every issue big and small.

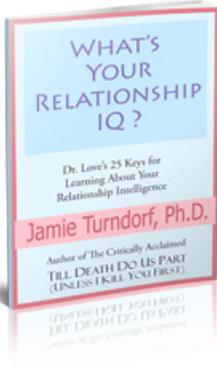
The truth is, the more similar you and your partner are the more compatible you will be. With this test, Dr. Love assesses your level of Homogamy in the all the areas that matter.



Your Personality Profile. Dr. Love's 32 Personality Keys for Deeper Self-Awareness & Happier Relationships.

Do you find yourself falling for the wrong person over and over again? Do you fear commitment? Are you afraid of being alone? How do you deal with jealousy, trust, decision making?

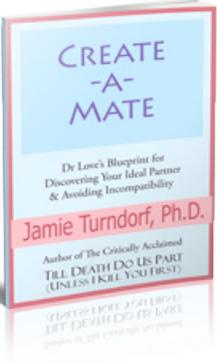
These questions are but a few of my 32 Personality Keys that will help you discover the issues that are blocking your path to successful relationships and happiness in general.



What's Your Relationship IQ? Dr. Love's 25 Keys for Learning About Your Relationship Intelligence.

Here we look at how you function in relationships through a series of multiple-choice options for how you would react in a given relationship situation. This test works in tandem with your Personality Profile to help you understand what makes you tick.

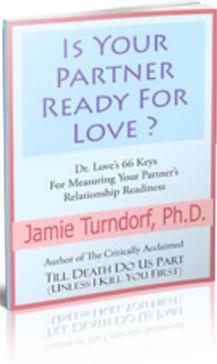
Preferred answers for the more healthy responses, analysis of your final score, analysis of why you might react the way you do, and suggestions on how to do things differently are provided.



Create-A-Mate: Dr. Love's Blueprint for Discovering Your Ideal Partner & Avoiding Incompatibility.

Can You Tell Mr. or Ms. Right from Mr. or Ms. Totally Wrong? Choosing the right person is your first step on the path to lasting love. Stop wasting your time and energy on the wrong partners!

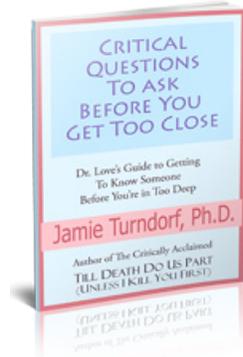
You will never have a good relationship with someone if you don't understand who is right for you. This test will help you create the profile of your ideal mate, the partner of your dreams.



Is Your Partner Ready For Love? Dr. Love's 66 Keys For Measuring Your Partner's Relationship Readiness.

Sometimes relationship problems can be caused by the fact that your partner just isn't ready for or even capable of having a relationship. But how can you tell?

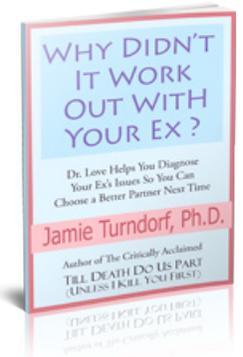
This test helps you determine if your partner is capable of being in a lasting relationship while revealing what unfinished childhood business or Old Scars might be preventing him or her from fully connecting with you.



Critical Questions to Ask Before You Get Too Close: Getting to Know Someone Before You're in Too Deep.

Look before you leap! By asking the right questions first, you'll be empowered to steer clear of people who may be right for someone else but not right for you.

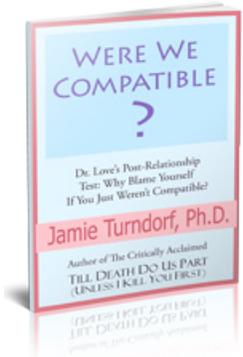
Making the right choice of partner to start with can save you a lifetime of pain and disappointment. Discover how much you have in common with over 100 questions in 22 areas such as life goals, religion, friends, career, and more.



Why Didn't It Work Out With Your Ex? Diagnose Your Ex's Issues So You Can Choose a Better Partner Next Time.

This test zeroes in strictly on your ex's psychology with a series of questions that helps you determine what baggage your ex might have been carrying that prevented him or her from being able to establish a real relationship with you—or anyone for that matter.

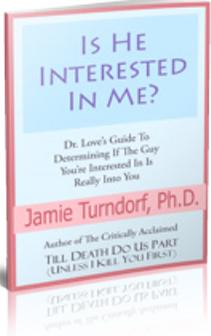
This knowledge not only helps you gain a healthy perspective on the past, but also assists you in making better relationship choices in the future.



Were We Compatible? Dr. Love's Post-Relationship Test: Why Blame Yourself If You Just Weren't Compatible?

A compatibility test similar to Are We Compatible? from the point of view of a relationship that's over.

Determining where you went wrong before and in what ways you were incompatible with your ex can be vital in alleviating blame and guilt, and also help you avoid future heartache by steering yourself in the right direction next time.

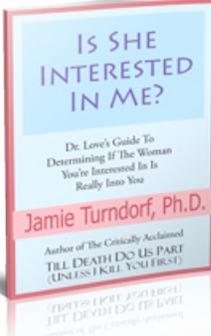


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How can you know if he is truly interested in YOU? Is there a way to know BEFORE you expose yourself and invest your heart? And what can you do to spark his interest in you and even fan the flames of his heart?

This Is He Interested in Me? test will tell you if your heart throb's heart beats for you and also show you how to raise his...heartbeat!

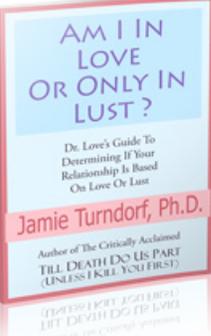


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AM I IN LOVE OR ONLY IN LUST?
Dr. Love's Guide To Determining If Your Relationship Is Based On Love Or Lust
Jamie Turndorf, Ph.D.
Author of The Critically Acclaimed TILL DEATH DO US PART (UNLESS I KILL YOU FIRST)

Am I In Love or Only In Lust? Dr. Love's Guide To Determining If Your Relationship Is Based On Love or Lust.

Do you ever wonder whether you are in love...or only in lust? Do you lie awake fretting that you or your partner may not have the kind of love that lasts a lifetime? Could you be confusing love with lust?

With this test I help you understand how to tell the difference between true love and simple sexual lust and determine which one your relationship is based on.

About Dr. Jamie Turndorf



For the past 28 years, grateful clients and audiences have been benefiting from Dr. Jamie Turndorf's life changing advice via television, radio, print, and on the Web. Her relationship advice has been featured in top magazines like *Cosmopolitan*, *Glamour*, *Psychology Today*, *New Woman*, *American Woman*, and *Men's Health*, and she's appeared as a featured expert on such shows as CNN, Inside Edition, Later Today, Fox News, and many others.

Dr. Turndorf is also widely known as the creator of AskDrLove.com, the Web's first and now oldest continuously operating free relationship advice site. Since 1996, she has been answering readers' questions for free, accumulating thousands of relationship, dating, and sex advice articles on every imaginable issue. She is also the host of Ask Dr. Love Radio which is presently hosted on BlogTalkRadio.com and undergoing syndication.

Dr. Turndorf books include: ***Till Death Do Us Part (Unless I Kill You First): A Step-by-Step Guide for Resolving Relationship Conflict***, which was endorsed by New York Times #1 Best Selling authors Dr. John Gray, author of *Men are From Mars, Women are from Venus*, and John Bradshaw, creator of Inner Child Healing and author of *Homecoming*, and Pulitzer Prize winning author and Harvard Professor of Psychiatry, Dr. John Mack; and ***Make Up Don't Break Up: Dr. Love's 5-Step Plan for Reconciling with Your Ex***, which outlines a thorough program of relationship reconciliation based on her acclaimed conflict resolution methods.

Be sure to visit <http://askdrlove.com> for more information on Dr. Turndorf's books, programs, free relationship guides, media appearances, and more.

You can follow Dr. Turndorf on Facebook at <http://facebook.com/askdrlove> and on Twitter at <http://twitter.com/ask-dr-love>.